

DID YOU KNOW?

- Sliding scale insulin and long-acting sulfonylureas (such as glyburide) are considered high-risk medications due to increased risk of hypoglycemia in the elderly.
- In ICD-10, a lack of diabetic control is treated as a complication from a risk adjustment perspective – that is, it is reimbursed at a higher rate than unspecified diabetes.

ICD-10: FIRST THREE CHARACTERS INDICATE CODE CATEGORIES:

- E08 = Diabetes mellitus due to underlying condition
- E09 = Drug or chemical induced diabetes mellitus
- E10 = Type 1 diabetes
- E11 = Type 2 diabetes (*default if type not specified*)
- E13 = Other specified diabetes mellitus (secondary)

Fourth, fifth & sixth characters indicate complication. The fourth digit '9' is assigned for DM without complications.

EXAMPLES:


Diagnostic Statement:	ICD-10 Code(s):
Poorly controlled diabetes type 1	E10.65
Type 2 diabetes mellitus with diabetic polyneuropathy	E11.42
DM due to Cushing's syndrome	E08.9, E24.9
Type 2 diabetes mellitus with diabetic peripheral angiopathy	E11.51
DM type II, complicated by nephropathy	E11.21
Postpancreatectomy diabetes	E13.9

CODING TIPS:

- Diabetes that is not under control is considered a (separate) complication; **additional codes will be needed for additional complications/manifestations.**
- Diabetes stated as "inadequately controlled", "out of control" or "poorly controlled" all code to diabetes, by type, with hyperglycemia.
- Code **Z79.4, Long-term (current) use of insulin**, should also be assigned to indicate that the patient uses insulin.

DOCUMENTATION CONSIDERATIONS:

Specify:

- Type, and control
 - Complications/manifestations, if any exist
-  Diabetes stated as "uncontrolled" must specify if hyperglycemic (Exx.65) or hypoglycemic (Exx.64x)

Documentation example:

Uncontrolled type 2 diabetes complicated by Stage 4 chronic kidney disease. Insulin dosage needs adjustment due to frequent hypoglycemic events..

Appropriate ICD-10 codes are:

- **E11.649, Type 2 diabetes mellitus with hypoglycemia without coma**
- **E11.22, Type 2 diabetes mellitus with diabetic chronic kidney disease**
- **N18.4, Chronic kidney disease, stage 4 (severe)**
- **Z79.4, Long-term (current) use of insulin**

QUALITY REPORTING

Close HEDIS gaps in care quickly by submitting these CPT codes when appropriate (not an exhaustive list):

Screening for diabetic nephropathy (include date test was performed, and result):

- 3060F *Positive microalbuminuria test result documented and reviewed*
- 3061F *Negative microalbuminuria test result documented and reviewed*

Screening for diabetic retinopathy (include date and result of screening, and name of eye care professional):

- 2022F *Dilated retinal eye exam with interpretation by an ophthalmologist or optometrist documented and reviewed*
- 3072F *Low risk for retinopathy (no evidence of retinopathy in the prior year)*

HbA1c (include result, and date test was performed):

- 3044F *Most recent hemoglobin A1c (HbA1c) level less than 7.0%*
- 3045F *Most recent hemoglobin A1c (HbA1c) level 7.0 - 9.0%*
- 3046F *Most recent hemoglobin A1c level greater than 9.0%*

LDL (include result, and date test was performed):

- 3048F *Most recent LDL-C less than 100 mg/dL*
- 3049F *Most recent LDL-C 100-129 mg/dL*
- 3050F *Most recent LDL-C greater than or equal to 130 mg/dL*